

NAME: _____ PER. _____ DATE: _____

LEADERSHIP

Worksheet 23.1

PART 1: Select 4 athlete-leaders from our school's sports. Below each numbered section, write the qualities that make that person a good leader.

1)

2)

3)

4)

PART 2: Review the leadership traits that you learned. List the 10 that you think are most important. Next to each one, detail what you can do on your own team to become a better leader in each category. Look at the needs of your individual team and what you can do.

1.

2.

3.

4.

5.

6.

7.

8.

9.

10.