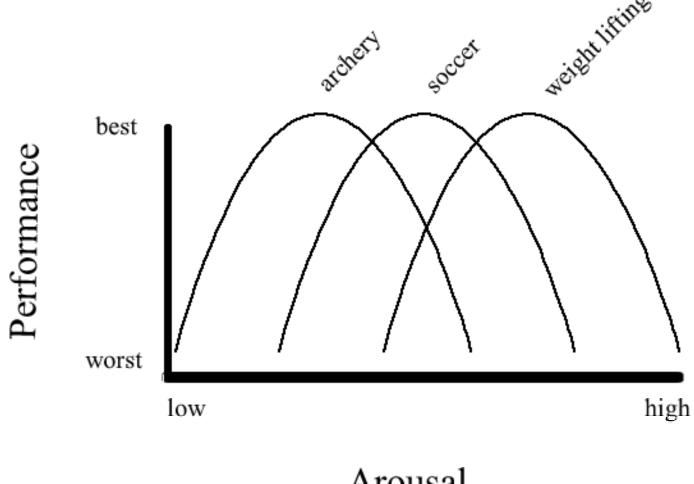
Transparency 21.2: Each Sport has its own level of optimal arousal



Arousal

Find more at: www.SportPsychSchool.com