Closing the Gap: Applied Sport Psychology for High School

Essay: Why I Do Sports Project 1

Assignment: You will write an essay answering one or more of the following questions

- Why do I love sports?
- Why do I participate in sports?
- What has doing sports given back to me?

Requirements:

- 2 full pages
- Typed, font 12, double spaced
- Follow your typical 5 paragraph essay
- Be sure that you have 2 4 solid reasons
- Each reason should be explained in its own paragraph, plus an introductory paragraph and concluding paragraph.
- Use examples and personal stories to help explain each reason

Grading:

• The essay is worth 30 points total

	0-2	3-5	6-8	9-10
Met the Minimum Requirements	Unacceptable, or evidence of plagiarism	Only 1 page or not typed, Extensive wasted space	Typed, Only 1.5 pages, or some wasted space	At least 2 full pages, typed, no wasted space
Quality of Content	No relevant info., or evidence of plagiarism	Little relevant info. Info does not support the conclusion Poorly thought- out	Some info is relevant, but doesn't fully support conclusion Pretty well thought-out	Info is relevant to topic. Reasons support the conclusion. Well thought- out.
Presentation	Paper is not understandable at all, or evidence of plagiarism	Paper is confusing and unfocused. Major conventional errors	Paper has moments of clarity and focus. Some confusion. Some conventional errors	Paper is clear and focused, has good flow, and good conventions (grammar, etc.)